

VIRTUAL COLONOSCOPY PREP

Please follow a clear liquid diet for 24 hours before your virtual colonoscopy study.

- H2O
- Clear apple or white grape juice
- Clear broth

Drink plenty of clear fluids so that you do not dehydrate.

On the day before your virtual colonoscopy

- **At 3^{PM}**
 - 1 Bottle of Phospho-Soda (1.5 Fl Oz)
 - Drink plenty of fluids.
- **At 6^{PM}**
 - 250 ml 2% Barium Rendi-Cat
 - Drink plenty of fluids.
- **At 9^{PM}**
 - 60ml Gastroview
 - Drink plenty of fluids.

On the day of your virtual colonoscopy

- **2 Hours Before Your Exam**
 - Insert Bisacodyl Suppository into your rectum.

Do not eat or drink anything after midnight the night before you exam and until you are advised to after your exam. You may take your regular medicines as prescribed with a small sip of water.

** If you have diabetes, test your blood glucose level more often when you can't eat as well as before your exam. You should adjust your insulin or oral diabetes pills as discussed with your doctor. Resume your normal schedule after you are eating again. If your blood glucose level is low (less than 70 mg/dl) or you have symptoms, please drink clear liquid with sugar or take glucose tablets. Always recheck your blood sugar level to make sure it stays above 70. We can still do the exam unless you need to eat solid food to maintain your blood glucose. It is better to maintain your blood glucose than to have the exam. We can always schedule your Virtual Colonoscopy in the future.*

If you haven't been able to have a bowel movement or to finish the prep kit, please call to reschedule the exam.

Please make every attempt to follow this prep.
The success of your Virtual Colonoscopy procedure **is dependent upon you.**

Thank you for scheduling your Virtual Colonoscopy study with Advanced Imaging.

If you have any questions or concerns about your prep, please contact us at (406)327-3950.

